

## THE ANATOMY OF THE MUSCLES OF THE HEAD

We'll explore the muscles of the face by looking in a mirror.

Move your jaw up and down. The muscles that move the jaw are the **temporalis, masseter, medial pterygoid** and the **lateral pterygoid** (all pg. 45).

Move your scalp, the muscles that create this movement are the **occipitalis** and the **galea aponeurotica** (both pg. 44).

Blink your eyes, open them wide and squint. These muscles are the **orbicularis oculi** and the **corrugator supercilii** (both pg. 44).

Wiggle your nose, these muscles are the **nasalis** and the **procerus** (both pg. 44).

Smile, frown, make a kiss and open your mouth wide. The muscles that move the mouth are the **levator labii superioris alaeque nasi, levator labii superioris, levator anguli oris, zygomaticus major and minor, orbicularis oris, depressor anguli oris, depressor labii inferioris, risorius buccinator** and **platysma** (pg. 44).

Wiggle your ears. These muscles are the **auricular muscles** (pg. 44).

Wrinkle your brow, this is the **frontalis muscle** (pg. 44).

Your eyes have muscles that allow them to blink, close, squeeze shut and open. The extraocular muscles are **superior rectus elevator, inferior rectus depressor, lateral rectus abductor, medial rectus adductor, superior oblique rotator right** and **inferior oblique rotator left** (all pg. 96).

The intrinsic muscles are **ciliary, sphincter pupillae** and **dilator pupillae**.  
(all pg. 96).