

## THE CROWN: CONNECTION TO SOURCE



The color is white like an opal, the sound is Eee as in me. It represents your connection to your higher power. Here duality no longer exists. The right is to know, the shadow is attachment. The Crown's element is thought. This is a Spiritual center.

It is here that you completely immerse with Universe, Source, God, Higher Power, whatever you call that which is greater than you. This is called Samadhi in Sanskrit. In order to achieve the highest spiritual connection you must detach from everything and everybody, which is a very challenging achievement for us human/spirits.