

The anatomy of the muscles of the head

We'll explore the muscles of the face by looking in a mirror.

Move your jaw up and down, the muscles that move the jaw are the **temporalis, masseter, medial pterygoid** and the **lateral pterygoid**.

Move your scalp, the muscles that create this movement are the **occipitalis** and the **galea aponeurotica**.

Blink your eyes , open them wide and squint.

These muscles are the **orbicularis oculi** and the **corrugator supercilii**.

Wiggle your nose, these muscles are the **nasalis** and the **procerus**.

Smile, frown, make a kiss and open your mouth wide. The muscles that move the mouth are the **orbicularis oris, zygomaticus major and minor, levator labii superioris, levator labii superioris alaeque nasi, levator anguli oris, depressor anguli oris, depressor labii inferioris, risorius buccinator** and **platysma**.

Wiggle your ears. These muscles are the **auricular muscles**.

Wrinkle your brow, this is the **frontalis muscle**.

Your eyes have muscles that allow them to blink, close, squeeze shut and open. The extra ocular muscles are **superior rectus elevator, inferior rectus depressor, lateral rectus abductor, medial rectus adductor, superior oblique rotator right** and **inferior oblique rotator left**.

The intrinsic muscles are **ciliary, sphincter pupillae** and **dilator pupillae**.

